

Contact us for a free no obligation intro class

Martial Arts Classes



합기도

Hapkido - "The Way of Coordinated Power"

The Korean art of Hapkido is a comprehensive and complex martial art known for practical self-defense applications. The techniques of Hapkido involve various strikes, Korean-style kicks, throws, pressure points, chokes, joint locks, grappling & weapon training specializing in cane, sword, and short sticks. Ages 12 & up.

Class Times:

Saturdays from 10:15 am to 12:00 pm

&

Wednesdays from 6:30 pm to 7:30 pm

All classes held at the Girard Park Recreation Center in Lafayette, LA

Website:

www.LATMA.net



Phone:

[337-212-2209](tel:337-212-2209)

Remember...In All Things...You Need More Practice!!!